

Sebastian Gabrielsson

Title of keynote: "Myths of mental health nursing – poor excuses for poor practice?"

Summary of keynote: The keynote will address false notions about nursing practice as a hindrance for recovery-oriented psychiatric care. It will argue that mental health staff embrace these because they serve the purpose of legitimizing sub-standard care. Drawing on research findings examples will be given of how reflective practices can support staff in becoming more reflective, empowered, and recovery-oriented.

Presentation of speaker: Sebastian Gabrielsson is a senior lecturer in nursing and director of the psychiatric care specialist nursing programme at Luleå University of Technology. He is engaged in research and development of recovery-oriented psychiatric care focusing on reflective practices. He is a psychiatric specialist nurse with clinical experience of working in acute psychiatric care. His 2015 PhD theses described professional carers experience of working in psychiatric inpatient care as a moral endeavor in a demoralizing context. He is the editor in chief of the journal of the Swedish Association of Psychiatric and Mental Health Nurses and a member of the Swedish Nurses Associations ethics board.